

1- Man Individueel

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|----|--|----------|----------|----------|----------|-----------------|
| 1 | 22 - Bruno Depuydt (Gullegem) | 00:19:31 | 00:20:06 | 00:20:21 | 00:20:58 | 01:20:56 |
| 2 | 21 - Angelo Wille (brussel) | 00:19:56 | 00:20:20 | 00:20:39 | 00:20:51 | 01:21:46 |
| 3 | 34 - Kurt Maenhout (Lotenhulle) | 00:21:04 | 00:21:01 | 00:20:57 | 00:21:15 | 01:24:17 |
| 4 | 56 - peter gevaert (torhout) | 00:21:21 | 00:21:24 | 00:21:33 | 00:21:23 | 01:25:41 |
| 5 | 53 - bart guillemy (schuiferskapelle) | 00:22:08 | 00:21:52 | 00:22:12 | 00:22:17 | 01:28:29 |
| 6 | 64 - edwin strobbe (zomergem) | 00:22:12 | 00:22:02 | 00:22:11 | 00:22:19 | 01:28:44 |
| 7 | 52 - maarten demuynck (oostende) | 00:21:41 | 00:22:07 | 00:22:25 | 00:22:38 | 01:28:51 |
| 8 | 57 - nico boussauw (torhout) | 00:21:48 | 00:22:45 | 00:22:23 | 00:22:08 | 01:29:04 |
| 9 | 61 - ivan de muynck (ursel) | 00:22:14 | 00:22:02 | 00:22:38 | 00:23:24 | 01:30:18 |
| 10 | 50 - eddy bonne (maria aalter) | 00:23:20 | 00:22:58 | 00:22:17 | 00:22:25 | 01:31:00 |
| 11 | 26 - walter schepens (lotenhulle) | 00:21:45 | 00:22:46 | 00:23:35 | 00:24:11 | 01:32:17 |
| 12 | 33 - Olivier Bouilliaert (Aalter) | 00:22:54 | 00:22:47 | 00:23:39 | 00:23:39 | 01:32:59 |
| 13 | 62 - urs de poorter (aalter) | 00:21:55 | 00:23:05 | 00:23:32 | 00:25:13 | 01:33:45 |
| 14 | 20 - Rony SEGHERS (AFFLIGEM) | 00:22:41 | 00:23:09 | 00:23:41 | 00:24:34 | 01:34:05 |
| 15 | 67 - rik piccavet (zulte) | 00:23:31 | 00:22:55 | 00:23:41 | 00:24:06 | 01:34:13 |
| 16 | 65 - chris bollens (aalter) | 00:22:43 | 00:23:15 | 00:24:03 | 00:24:36 | 01:34:37 |
| 17 | 73 - bert feys (roeselare) | 00:23:12 | 00:24:02 | 00:24:38 | 00:24:18 | 01:36:10 |
| 18 | 15 - Steven De Leeuw (Iddergem) | 00:23:59 | 00:24:41 | 00:24:36 | 00:23:44 | 01:37:00 |
| 19 | 6 - Tom Wyckhuys (Aarsele) | 00:23:52 | 00:24:23 | 00:24:45 | 00:24:03 | 01:37:03 |
| 20 | 63 - bram lodens (oudenaarde) | 00:22:29 | 00:24:07 | 00:25:22 | 00:25:29 | 01:37:27 |
| 21 | 14 - Aaron De Schryver (Lotenhulle) | 00:24:23 | 00:24:53 | 00:24:41 | 00:24:16 | 01:38:13 |
| 22 | 44 - Wannes Wylin (Landegem) | 00:23:07 | 00:24:29 | 00:25:03 | 00:25:36 | 01:38:15 |
| 23 | 68 - luc seys (nevele) | 00:24:50 | 00:24:28 | 00:25:00 | 00:25:07 | 01:39:25 |
| 24 | 58 - joris tack (aarsele) | 00:23:50 | 00:25:20 | 00:25:25 | 00:24:55 | 01:39:30 |
| 25 | 38 - Jurgen Vansteenkiste (DENTERGEM) | 00:24:26 | 00:24:38 | 00:25:23 | 00:25:19 | 01:39:46 |
| 26 | 40 - Stefaan Westerlinck (Kortrijk) | 00:24:49 | 00:24:57 | 00:25:35 | 00:25:27 | 01:40:48 |
| 27 | 47 - stijn vanderheiden (aalter) | 00:24:56 | 00:24:24 | 00:25:17 | 00:26:36 | 01:41:13 |
| 28 | 60 - marnix de roo (wingene) | 00:25:48 | 00:25:22 | 00:25:48 | 00:26:21 | 01:43:19 |
| 29 | 2 - Patrick Bleyenbergh (Aalter) | 00:25:51 | 00:25:20 | 00:25:44 | 00:26:26 | 01:43:21 |
| 30 | 3 - Hugo Huygebaert (Knesselare) | 00:25:15 | 00:26:48 | 00:26:42 | 00:27:36 | 01:46:21 |
| 31 | 8 - Marnix Lefevre (Bellem) | 00:26:34 | 00:26:25 | 00:26:45 | 00:26:50 | 01:46:34 |
| 32 | 12 - Wim De Lannoy (Aalter) | 00:27:03 | 00:26:18 | 00:26:25 | 00:26:51 | 01:46:37 |
| 33 | 54 - nico schelstraete (adegem) | 00:25:50 | 00:28:55 | 00:25:47 | 00:26:08 | 01:46:40 |
| 34 | 27 - Kristof Colson (Lotenhulle) | 00:27:10 | 00:27:01 | 00:27:27 | 00:27:31 | 01:49:09 |
| 35 | 28 - Peter De Decker (Maldegem) | 00:26:13 | 00:26:56 | 00:27:56 | 00:28:38 | 01:49:43 |
| 36 | 74 - lieven de paepe (aalter) | 00:28:56 | 00:27:44 | 00:27:43 | 00:26:02 | 01:50:25 |
| 37 | 51 - arne de graeve (aalter) | 00:28:29 | 00:28:55 | 00:28:09 | 00:24:59 | 01:50:32 |
| 38 | 39 - Robby Vandewiele (DENTERGEM) | 00:24:30 | 00:24:35 | 00:25:40 | 00:36:11 | 01:50:56 |
| 39 | 11 - Yves Schepens (Bellem) | 00:27:56 | 00:28:00 | 00:27:57 | 00:27:42 | 01:51:35 |
| 40 | 30 - Luc Sucaet (Poeke) | 00:26:46 | 00:28:18 | 00:28:51 | 00:29:38 | 01:53:33 |
| 41 | 17 - Johan Declerck (lotenhulle) | 00:28:27 | 00:28:55 | 00:29:02 | 00:28:53 | 01:55:17 |
| 42 | 29 - Koen Sucaet (Aalter) | 00:32:11 | 00:25:34 | 00:28:00 | 00:31:06 | 01:56:51 |
| 43 | 48 - Rudy De Vrieze (Detelbergen) | 00:27:49 | 00:28:33 | 00:29:40 | 00:31:05 | 01:57:07 |
| 44 | 46 - Filip Van Parijs (Aalter) | 00:29:55 | 00:29:17 | 00:29:06 | 00:29:42 | 01:58:00 |
| 45 | 66 - filip matthys (beernem) | 00:30:56 | 00:29:53 | 00:29:24 | 00:27:49 | 01:58:02 |
| 46 | 7 - Jean Luc hofmans (bredene) | 00:27:18 | 00:29:24 | 00:31:31 | 00:31:55 | 02:00:08 |
| 47 | 45 - Dimitri Cortier (Lotenhulle) | 00:27:27 | 00:29:29 | 00:30:18 | 00:34:03 | 02:01:17 |
| 48 | 71 - david verlot (aalter) | 00:32:03 | 00:30:13 | 00:32:08 | 00:29:06 | 02:03:30 |
| 49 | 24 - Rickie Vanhecke (Bavikhove) | 00:29:24 | 00:30:28 | 00:31:37 | 00:32:32 | 02:04:01 |
| 50 | 4 - Christian Herteleer (Bellem Aalter) | 00:31:07 | 00:31:22 | 00:32:03 | 00:32:01 | 02:06:33 |

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| 51 | 72 - pieter neiryneck (ardooue) | 00:30:54 | 00:31:25 | 00:32:01 | 00:32:30 | 02:06:50 |
| 52 | 41 - Ward Denoulet (Aalter) | 00:32:09 | 00:30:24 | 00:32:02 | 00:32:20 | 02:06:55 |
| 53 | 43 - Thomas Beckers (Merelbeke) | 00:32:12 | 00:34:38 | 00:35:27 | 00:27:16 | 02:09:33 |
| 54 | 69 - erik carrette (ruiselede) | 00:29:44 | 00:30:51 | 00:33:19 | 00:36:54 | 02:10:48 |
| 55 | 55 - tillo castelein (aalter) | 00:32:42 | 00:34:01 | 00:34:59 | 00:36:09 | 02:17:51 |

2- Vrouw Individueel

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|----|--|----------|----------|----------|----------|-----------------|
| 1 | 37 - Leen Claus (Kruishoutem) | 00:25:44 | 00:26:34 | 00:27:08 | 00:27:19 | 01:46:45 |
| 2 | 16 - Charline De Waele (wortegem-petegem) | 00:25:46 | 00:26:43 | 00:27:43 | 00:28:38 | 01:48:50 |
| 3 | 31 - Evita De wulf (Aalter) | 00:26:17 | 00:26:49 | 00:27:54 | 00:28:39 | 01:49:39 |
| 4 | 32 - Melissa De wulf (Aalter) | 00:26:19 | 00:26:48 | 00:27:55 | 00:28:37 | 01:49:39 |
| 5 | 23 - Mia Feys (Kruishoutem) | 00:26:12 | 00:28:10 | 00:29:24 | 00:30:59 | 01:54:45 |
| 6 | 75 - katrien vanhoutte (wingene) | 00:28:54 | 00:28:18 | 00:29:05 | 00:29:45 | 01:56:02 |
| 7 | 19 - Birgit Depuydt (Aalter) | 00:27:22 | 00:29:31 | 00:30:31 | 00:31:15 | 01:58:39 |
| 8 | 10 - Stefanie Mulleman (Lotenhulle) | 00:30:10 | 00:30:43 | 00:29:58 | 00:30:44 | 02:01:35 |
| 9 | 25 - Ann Veryser (Hulste) | 00:29:25 | 00:30:26 | 00:31:40 | 00:32:28 | 02:03:59 |
| 10 | 9 - Christine Gielen (Oordegem) | 00:30:14 | 00:30:42 | 00:31:48 | 00:33:48 | 02:06:32 |
| 11 | 70 - veerle peeters (aalter) | 01:02:15 | 00:00:07 | 00:32:08 | 00:32:18 | 02:06:48 |
| 12 | 13 - Evie Bogaert (Aalter) | 00:32:07 | 00:30:25 | 00:32:02 | 00:32:19 | 02:06:53 |
| 13 | 5 - Katty Spillebeen (Aalter) | 00:30:08 | 00:30:53 | 00:33:17 | 00:33:48 | 02:08:06 |
| 14 | 49 - Mia yserbytt (zwevegem) | 00:31:58 | 00:32:44 | 00:33:50 | 00:34:44 | 02:13:16 |

3- Man Ploeg

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| 1 | 346 - Flanders Project Team () | 00:18:30 | 00:17:52 | 00:18:21 | 00:18:26 | 01:13:09 |
| 2 | 236 - AC Deinze () | 00:19:28 | 00:19:42 | 00:19:47 | 00:21:19 | 01:20:16 |
| 3 | 246 - de vinktse lopers () | 00:19:34 | 00:21:44 | 00:23:36 | 00:21:34 | 01:26:28 |
| 4 | 331 - De Speelvogels M () | 00:20:03 | 00:21:58 | 00:21:39 | 00:23:22 | 01:27:02 |
| 5 | 366 - Aalterboys () | 00:23:23 | 00:22:52 | 00:22:56 | 00:21:24 | 01:30:35 |
| 6 | 291 - VAN EENOO - DE MEYER () | 00:22:19 | 00:24:04 | 00:21:18 | 00:24:23 | 01:32:04 |
| 7 | 356 - BJM-Gembas () | 00:23:57 | 00:25:11 | 00:22:31 | 00:21:11 | 01:32:50 |
| 8 | 316 - De Baroudeurs () | 00:19:11 | 00:30:41 | 00:21:51 | 00:21:31 | 01:33:14 |
| 9 | 276 - SAAI () | 00:24:21 | 00:23:01 | 00:24:58 | 00:23:20 | 01:35:40 |
| 10 | 301 - Santobas () | 00:21:02 | 00:23:48 | 00:24:25 | 00:28:20 | 01:37:35 |
| 11 | 241 - 3 trombones en de vlag () | 00:22:45 | 00:27:16 | 00:27:13 | 00:21:40 | 01:38:54 |
| 12 | 256 - WC-eendjes POEKE () | 00:21:38 | 00:25:40 | 00:27:33 | 00:25:10 | 01:40:01 |
| 13 | 211 - De Ricardos () | 00:23:48 | 00:31:07 | 00:32:52 | 00:25:27 | 01:53:14 |
| 14 | 261 - The Fluffy Unicorns () | 00:32:36 | 00:24:56 | 00:29:56 | 00:29:03 | 01:56:31 |

4- Vrouw Ploeg

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| 1 | 306 - De puberteit () | 00:27:11 | 00:25:24 | 00:25:57 | 00:27:43 | 01:46:15 |
| 2 | 271 - Joggingclub Aalter Dames () | 00:25:19 | 00:29:34 | 00:28:55 | 00:26:46 | 01:50:34 |
| 3 | 266 - Boslopend Wild () | 00:29:18 | 00:30:39 | 00:30:46 | 00:28:21 | 01:59:04 |
| 4 | 336 - De Speelvogels V () | 00:25:53 | 00:34:02 | 00:28:05 | 00:32:48 | 02:00:48 |

5- Gemengd Ploeg

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| 1 | 326 - Projectbouw () | 00:23:24 | 00:18:57 | 00:22:54 | 00:23:25 | 01:28:40 |
| 2 | 351 - 4 gHOEDe lopers () | 00:21:57 | 00:23:37 | 00:20:45 | 00:23:24 | 01:29:43 |
| 3 | 251 - de boogies () | 00:30:01 | 00:27:19 | 00:22:47 | 00:18:12 | 01:38:19 |
| 4 | 371 - just for fun () | 00:22:01 | 00:28:06 | 00:25:53 | 00:25:25 | 01:41:25 |
| 5 | 221 - De Vromankeselkes () | 00:28:13 | 00:25:47 | 00:26:53 | 00:24:07 | 01:45:00 |
| 6 | 216 - De Duracellekes () | 00:29:58 | 00:32:59 | 00:24:20 | 00:23:08 | 01:50:25 |
| 7 | 341 - Joggingclub Aalter 2 () | 00:30:45 | 00:27:54 | 00:25:42 | 00:26:16 | 01:50:37 |
| 8 | 361 - Help () | 00:30:48 | 00:25:18 | 00:30:38 | 00:27:56 | 01:54:40 |
| 9 | 226 - De Jonge Wolven () | 00:23:16 | 00:37:59 | 00:31:45 | 00:21:43 | 01:54:43 |
| 10 | 231 - De Plooiers () | 00:32:53 | 00:22:22 | 00:29:38 | 00:32:27 | 01:57:20 |

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| 11 | 281 - Knokstreet Ladies () | 00:29:28 | 00:31:51 | 00:28:52 | 00:32:22 | 02:02:33 |
| 12 | 286 - The Domino Effect () | 00:35:33 | 00:35:45 | 00:27:30 | 00:29:41 | 02:08:29 |
| 13 | 321 - Three ladies and for god sake a man () | 00:29:29 | 00:38:23 | 00:35:12 | 00:28:33 | 02:11:37 |